





Week 2	Monday MENT	Tuesday	Wednesday	Thursday	Friday
Mian Dish	Cheese & tomato pin wheel with wedges	Lasagne and garlic bread	Roast of the day with gravy and roast potato	Sausage mash and beans	Fish of the day with chips
Vegetarian Main Dish	BBQ bean wrap with wedges	Vegetarian curry with 50/50 rice and naan bread	Quorn roast with gravy and roast potato	Cheese pie	Vegetable nuggets with chips
Accompaniments 5	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts	Ginger biscuit	Chocolate cake & custard	Fruit and ice cream	Lemon drizzle cake	Jelly and fruit
Fresh Fruit Or Yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Jacket potato	Cheese	Tuna	Beans	Tuna	Cheese and beans







Variety is the key to a healthy diet, try something new today!



- MEAT FREE MONDAY



-1 OF YOUR 5 A DAY



- CHEF'S CHOICE