

PE Unit of Work Year 6			
Sport	Prior learning (Retrieval)	Future learning	Common Misconceptions
Table tennis	<ul style="list-style-type: none"> • Demonstrate successful hitting skills in a game choosing the correct technique • Develop a range of skills for sending and receiving the ball accurately • Practise the correct techniques to a more controlled level • Develop accurate sending and receiving skills over a greater distance. 	<ul style="list-style-type: none"> • Successfully score an ace from a serve • Score a countershot from a serve • Take part in a rally of over ten strokes 	<ul style="list-style-type: none"> • Table tennis is different to ping pong • You can't play tennis with your left hand • You play table tennis with a racket.
National Curriculum Subject Content:	<ul style="list-style-type: none"> • play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending 		
Knowledge:			Key Vocabulary
Intended Knowledge Declarative	<ul style="list-style-type: none"> • Know how to use the successful hitting techniques in a game to return the ball to best position • Know when to use a range of skills and techniques for sending and receiving the ball. • Know which tactics to use in a game situation 		<ul style="list-style-type: none"> • Game point • Fault • Let • Let serve • Umpire
			Sports Knowledge
Procedural Knowledge:	<ul style="list-style-type: none"> • Demonstrate successful and accurate hitting skills in a game choosing the correct technique • Develop and improve a range of skills for sending and receiving the ball accurately • Practise and progress the correct techniques to a more controlled level • Develop accurate sending and receiving skills over a greater distance with greater speed 		<ul style="list-style-type: none"> • Understand the importance of warming up and cooling down. • Carry out warm-ups and cool-downs safely and effectively. • Understand why exercise is good for health, fitness and wellbeing. • Know ways they can become healthier.
Assessment Outcomes	<ul style="list-style-type: none"> • I can serve the ball to the correct position on the table • I can return the ball from a serve with increased accuracy • I can take part in a rally with an increased number of returned shots • I can score points against my opponent by producing unreturnable shots 		
Significant people/places	<ul style="list-style-type: none"> • Liverpool table tennis academy 		

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Dance	<ul style="list-style-type: none"> Compose a dance that reflects the chosen style. Confidently improvise with a partner or on their own. 	<ul style="list-style-type: none"> Adapt their sequences to fit new criteria or suggestions. Combine equipment with movement to create sequences. 	<ul style="list-style-type: none"> Dancing is only for girls. There is only one type of dance.
National Curriculum Subject Content:	<ul style="list-style-type: none"> perform dances using a range of movement patterns compare their performances with previous ones and demonstrate improvement to achieve their personal best. 		
Knowledge:			Key Vocabulary
Intended Knowledge Declarative	<ul style="list-style-type: none"> Know how to modify a dance based off feedback from a performance. Know how to compose a dance that reflects a particular style of dance. 		<ul style="list-style-type: none"> Variation Unison Canon Action Reaction
			Sports Knowledge
Procedural Knowledge:	<ul style="list-style-type: none"> I can compose for a chosen style. I can demonstrate controlled movements throughout a dance Combine flexibility, techniques to create a fluent sequence. I can move rhythmically in dance sequences. I can modify some elements of a sequence. Use dance vocab. 		<ul style="list-style-type: none"> Describe how the body feels before and after exercise. Carry and place equipment safely.
Assessment Outcomes	<ul style="list-style-type: none"> perform dances using a range of movement patterns compare their performances with previous ones and demonstrate improvement to achieve their personal best. 		
Significant people/places	<ul style="list-style-type: none"> Explore age appropriate tiktok dancing 		

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Gymnastics	<ul style="list-style-type: none"> Create their own complex sequences. Demonstrate precise and controlled placement of body parts in their actions, shapes and balances. Confidently use equipment to vault and incorporate this into sequences. Apply skills and techniques consistently, showing precision and control. 	<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> Gymnastics isn't a sport Only girls do gymnastics You can only do gymnastics if you're flexible You can only do gymnastics if you're strong
National Curriculum Subject Content:	<ul style="list-style-type: none"> Develop flexibility, strength, technique, control and balance. Use running and jumping in isolation and in combination. Compare their performances with previous ones and demonstrate improvement to achieve their personal best. 		
Knowledge:			Key Vocabulary
Intended Knowledge Declarative	<ul style="list-style-type: none"> Know how to develop and progress their own complex sequences either solo or in groups Know how to confidently use equipment to vault with a greater degree of success Know how to apply skills and techniques consistently within a sequence of movements 		<ul style="list-style-type: none"> maneuvers aerial Performance Evaluation
			Sports Knowledge
Procedural Knowledge:	<ul style="list-style-type: none"> Create their own complex sequences solo and with groups to a greater degree of success Demonstrate precise and controlled placement of body parts in their actions, shapes and balances with greater control. Confidently use equipment to vault and incorporate this into sequences showing greater balance and co-ordination Apply skills and techniques consistently, showing precision and control more consistently. 		<ul style="list-style-type: none"> Understand the importance of warming up and cooling down. Carry out warm-ups and cool-downs safely and effectively. Understand why exercise is good for health, fitness and wellbeing. Know ways they can become healthier.
Assessment Outcomes	<ul style="list-style-type: none"> I can combine my own work with that of others. I can sequence to specific timings. 		
Significant people/places	<ul style="list-style-type: none"> Recognise current members of team GB 		

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Tennis	<ul style="list-style-type: none"> • Demonstrate successful hitting skills in a game choosing the correct technique • Develop a range of skills for sending and receiving the ball accurately • Practise the correct techniques to a more controlled level • Develop accurate sending and receiving skills over a greater distance. 	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Tennis is only played on grass • You can't play tennis with your left hand • Tennis is only a 1 V 1 sport.
National Curriculum Subject Content:	<ul style="list-style-type: none"> • play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending 		
Knowledge:			Key Vocabulary
Intended Knowledge Declarative	<ul style="list-style-type: none"> • Know how to use the successful hitting techniques in a game to return the ball to best position • Know when to use a range of skills and techniques for sending and receiving the ball. • Know which tactics to use in a game situation 		<ul style="list-style-type: none"> • Drop shot • Fault • Let • Lob • Set
			Sports Knowledge
Procedural Knowledge:	<ul style="list-style-type: none"> • Demonstrate successful and accurate hitting skills in a game choosing the correct technique • Develop and improve a range of skills for sending and receiving the ball accurately • Practise and progress the correct techniques to a more controlled level • Develop accurate sending and receiving skills over a greater distance with greater speed 		<ul style="list-style-type: none"> • Understand the importance of warming up and cooling down. • Carry out warm-ups and cool-downs safely and effectively. • Understand why exercise is good for health, fitness and wellbeing. • Know ways they can become healthier.
Assessment Outcomes	<ul style="list-style-type: none"> • I can serve the ball to the correct position on the court • I can return the ball from a serve with increased accuracy • I can take part in a rally with an increased number of returned shots • I can score points against my opponent by producing unreturnable shots 		
Significant people/places	<ul style="list-style-type: none"> • Liverpool international tennis 		

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Basketball/Netball	<ul style="list-style-type: none"> Use a range of attacking and defending skills. Use fielding skills to prevent a player scoring. Vary the tactics they use in a game. 	<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> You have to be tall to be good at Basketball/Netball You can move with the ball in Netball
National Curriculum Subject Content:	<ul style="list-style-type: none"> Develop strength, technique and control. Use running, jumping, throwing and catching in isolation and in combination. Play competitive games where appropriate and apply basic principles for attacking and defending 		
Knowledge:			Key Vocabulary
Intended Knowledge Declarative	<ul style="list-style-type: none"> Choose the best tactics for attacking and defending. Know when to pass and when to dribble in a game. 		<ul style="list-style-type: none"> Coaching Feedback
			Sports Knowledge
Procedural Knowledge:	<ul style="list-style-type: none"> Think ahead and create a plan of attack or defence. Apply knowledge of skills for attacking and defending. Work as a team to develop fielding strategies to prevent the opposition from scoring. Follow and create complicated rules to play a game successfully. Communicate plans to others during a game. 		<ul style="list-style-type: none"> Understand the importance of warming up and cooling down. Carry out warm-ups and cool-downs safely and effectively. Understand why exercise is good for health, fitness and wellbeing. Know ways they can become healthier.
Assessment Outcomes	<ul style="list-style-type: none"> I can play to agreed rules. I can explain rules to others. I can make a team and communicate a plan. I can lead others in a game situation. 		
Significant people/places	<ul style="list-style-type: none"> Liverpool Basketball Club 		

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Cricket	<ul style="list-style-type: none"> Accurately serve underarm. Use at least two different shots in game. 	<ul style="list-style-type: none"> Bowl using the overarm technique Accurately send the ball to a specific area 	<ul style="list-style-type: none"> Cricket is not a team sport The harder you can hit the ball the better you are Batting is more important than fielding
National Curriculum Subject Content:	<ul style="list-style-type: none"> Develop strength, technique and control. Use running, jumping, throwing and catching in isolation and in combination. Compare their performances with previous ones and demonstrate improvement to achieve their personal best. Play competitive games where appropriate and apply basic principles for attacking and defending 		
Knowledge:			Key Vocabulary
Intended Knowledge Declarative	<ul style="list-style-type: none"> Use different techniques to hit a ball. Explore when different shots are best used. Develop a backhand technique and use it. 		<ul style="list-style-type: none"> Striking Grasping 3 Fielder Bowler Bowling
			Sports Knowledge
Procedural Knowledge:	<ul style="list-style-type: none"> Hit a bowled ball over longer distances. Use good hand-eye coordination to be able to direct a ball when striking or hitting. Apply basic technique for over arm fast bowling 		<ul style="list-style-type: none"> Understand the importance of warming up and cooling down. Carry out warm-ups and cool-downs safely and effectively. Understand why exercise is good for health, fitness and wellbeing. Know ways they can become healthier.
Assessment Outcomes	<ul style="list-style-type: none"> I can bowl to steal a wicket I can hit the ball to achieve 6 runs I can tactically position myself when fielding to catch people out 		
Significant people/places	<ul style="list-style-type: none"> Liverpool Cricket club 		