## St.Basil's

**Catholic Primary** School

"We	love,	learn	and	succeed
	follo	owing	Jesi	us"

JANUARY 2024								
M	т	w	т	F	S	S		
1	2							
		10	11	12	13	14		
15	16	17	18	19	20	21		
22	23	24	25	26	27	28		
29	30	31						

#### **Safeguarding:**

At St. Basil's Catholic Primary School we are committed to St Basils: providing a nurturing, caring and safe learning environment where pupils thrive, are confident, happy and secure. If you have any safeguarding concerns, then please speak to one of our Designated Safeguarding Leads.

For further information about Safeguarding at St Basils please see the following documents by either clicking the link or scanning the QR code;

Safeguarding Parents Leaflet

**Child Friendly Leaflet** 

Designated Leads for Safeguarding at

Mrs Sheppard (HT)

Mrs O'Donnell (DHT)

Mrs Bond/Miss Yearley(Family Liaison & Welfare Officers)

Miss Abbot/Mrs Jones (SENCO)

Mrs McCabe (Attendance)

Mr Duffy (Pupil Welfare Governor)

20097821 (stbasilsprimary.halton.sch.uk)



20095039 (stbasilsprimary.halton.sch.uk)



#### **Attendance update**

Please be aware that students who have an attendance of below 90% will not have their absences authorised unless medical evidence is provided.

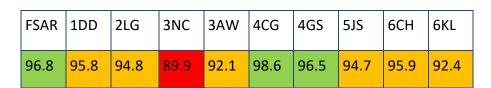
You can view your child's absence record via the School Gateway App. You access this via the reporting tab and then Attendance, it will give you your child's attendance rating.

Thank you for your co-operation.

WEEKLY ATTENDANCE (Colour coded in line with the traffic light system)

Week commencing 08.01.24

Well done to class 4CG with the highest rate of attendance!!





#### DATES FOR YOUR DIARY



Y6 Trip to Lowe House - Tuesday 23rd January
Y2 Collective Worship - Friday 26th January
NSPCC Number Day - Friday 2nd February
Y1 Collective Worship - Wednesday 7th February
School Closes for half term break - Friday 9th February 3.20pm
Please check for updates on future newsletters
Thank you!

#### School Meals week commencing 22.01.23 is Week 3 Menu

#### NUTRITIONIST APPROVED V WEEK 3 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Roast of the day Quorn chicken Pasta Bolognese 5 Fish of the day with Beef burger on a MAIN DISH with roast potatoes garlic bread chips pasta bake bun and gravy Quorn pinwheels & Vegetable curry Cauliflower and BBQ and bean Veggie nuggets with chips with 50/50 rice broccoli bake wrap potato wedges Seasonal vegetables Seasonal vegetables Seasonal vegetables Seasonal vegetables Seasonal vegetables Salad bar Salad bar Salad bar Salad bar Salad bar Rice pudding Oaty Biscuits Jelly Chocolate biscuits Apple Flapjack FRESH FRUIT Fresh fruit or yoghurt yoghurt yoghurt yoghurt yoghurt OR YOGHURT JACKET POTATO Beans Tuna Cheese and Beans Cheese Tuna











## Family Breakfast

Every Morning 8:15am-8:40am



St Basil's welcomes all parents/carers to join their children for breakfast from 8:15 every morning in the Key Stage 1 Hall.

- All children must be accompanied by an adult
- No advance booking needed.

### ्रक्री ख्री व्य

## MANAGING SCREEN TIME

BUY

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

#### **GET OUT AND ABOUT**

If the weather's decent, spend some time in the garden or go for a walk. Even a stroil to the local shap would do: the main thing is getting some fresh air and a break from your screen.

#### TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

#### **GO DIGITAL DETOX**

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

STATE OF THE PARTY OF THE PARTY

#### LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them those grumbles when you do want to go online.

#### AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your famility gathers together, like at the table or in the living room, could become a 'no where seems."

#### HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

#### BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

#### 'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms That means less temptation for late-right scrolling.

#### SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

#### TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk grips here.

#### SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

99

#### WIND DOWN PROPERLY

rry staying an phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

#### Meet Our Expert

Minds Ahead design and stellers the UK's only specialist postgranustic mental health qualifications. This piles principle training and export to education arganizations and local authorities. — empowering school leader and staff with the knowledge and tools to shape their settings into inclusion



The National College













As the borough of Halton turns 50, we have created a list of 50 Quirky Things you can only do in Halton. Download the leaflet and start discovering our 50 quirky things. Don't forget to share your selfies or pictures of yourself doing any of the 50 Quirky Things, then POST and TAG Visit Halton's Social Media using the hashtag #HaltonHighlights for a chance to win a prize.











"You can visit the following link for more information on Halton turning 50"

Halton 50 | Visit Halton





## PRE-SCHOOL

at St Basil's Catholic Primary School

# 3-4 Year Old Places Available Now



Offering morning, afternoon and full days for 15 and 30 hour funded places.

## BOOK NOW PLACES ARE AVAILABLE

Please contact the School Office on 0151 424 7887

to book an appointment

St Basil's Catholic Primary School Hough Green Road, Widnes, Cheshire, WA8 4SZ Telephone: 0151 424 7887

We love, learn and succeed following Jesus

#### You are always welcome to any mass within St Wilfrid's Parish, timetable is below

#### Mass & Service Times

#### Sunday Mass Times

Saturday Vigil	St Bede	5.00pm	
	St Basil	5.00pm	
Sunday	St Bede	9.00am	
	St Michael	9.30am	
	St John Fisher	10.30am	
	St Bede	11.15am	
	St Bede	4.00pm	

Weekday Mass Times (see parish newsletter for weekday varations)

Monday	
St Basil	
9.00am Exposition & Morning Prayer	
9.30am Holy Mass	
Tuesday	
St Bede	
11.30am Exposition & Holy Rosary	
12 Noon Holy Mass	
Wednesday	
St Bede	
6.30pm Exposition & Evening Prayer	
7.00pm Holy Mass	
Thursday	
St Michael	
11.30am Exposition & Holy Rosary	
12 Noon Holy Mass	
Friday	
St John Fisher	
9.00am Exposition & Morning Prayer	
9.30am Holy Mass	
Saturday	
10.00am Holy Mass	
10.30am Confessions and Holy Rosary	

St Bede's Church is open for private prayer Monday to Friday 10.00am - 13:00pm