

St. Basil's

Catholic Primary
School

*"We love, learn and succeed
following Jesus"*

SEPTEMBER 2023

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Safeguarding:

At St. Basil's Catholic Primary School we are committed to providing a nurturing, caring and safe learning environment where pupils thrive, are confident, happy and secure. **If you have any safeguarding concerns, then please speak to one of our Designated Safeguarding Leads.**

For further information about Safeguarding at St Basils please see the following documents by either clicking the link or scanning the QR code;

Safeguarding Parents Leaflet

[20097821 \(stbasilsprimary.halton.sch.uk\)](https://stbasilsprimary.halton.sch.uk/20097821)



Child Friendly Leaflet

[20095039 \(stbasilsprimary.halton.sch.uk\)](https://stbasilsprimary.halton.sch.uk/20095039)



Designated Leads for Safeguarding at St Basils:

Mrs Sheppard (HT)

Mrs O'Donnell (DHT)

Mrs Bond/Miss Yearley (Family Liaison & Welfare Officers)

Miss Abbot/Mrs Jones (SENCO)

Mrs McCabe (Attendance)

Mr Duffy (Pupil Welfare Governor)

Attendance update

Please be aware that students who have an attendance of below 90% will not have their absences authorised unless medical evidence is provided.

You can view your child's absence record via the School Gateway App. You access this via the reporting tab and then Attendance, it will give you your child's attendance rating.

Thank you for your co-operation.

WEEKLY ATTENDANCE (Colour coded in line with the traffic light system)

Week commencing 04.09.2023

Well done to class 3NC with the highest rate of attendance, an amazing 100%!!



FSAR	1DD	2LG	3NC	3AW	4CG	4GS	5JS	6CH	6KL
	92.8	98.3	100	98.7	98.8	98.9	98.8	96.3	97



National Fitness Day Wednesday 20th September

To take part in National Fitness Day, the children and staff will walk a Golden Mile around our newly fenced and secured school field.

Can all children please bring their trainers/pumps to school on this day if they do not already have PE. Thank you

The BBC Bitesize logo, consisting of the letters 'BBC' in white on an orange square background, followed by the word 'Bitesize' in white text.

Mental Health and Wellbeing

There is a fantastic parent toolkit on the BBC Bitesize website with lots of useful articles about various different topics for parent/carers, you can access this via the following link

[Parents' Toolkit - BBC Bitesize](#)

We will share links on a regular basis, to articles you may find useful. This week we are sharing the following link

[Michael Mosley: Five tips for helping your kids sleep well - BBC Bitesize](#)

This is 5 tips to help your child sleep well.

You could also come along to our Halton Health Improvement session for Sleep and Screens on Tuesday 19th September at 9.15am for some more tips and a cup of tea. Please let school know on 01514247887 if you would like to attend.

DATES FOR YOUR DIARY



National Fitness Day - Wednesday 20th September (children to bring trainers/pumps to school)

Y6 Collective Worship - Friday 22nd September

Y5 Williamson Art Gallery Trip - Wednesday 27th September

Y6 Thurstaston Beach Trip - Wednesday 27th September


PTA 2p Challenge - Friday 6th October


Parent Consultations - Monday 16th and Wednesday 18th October


Please check for updates on future newsletters



Thank you

Week commencing 18.09.23 School Meal Menu is Week 3

NUTRITIONIST APPROVED 5 

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Naan pizza with herby potatoes 	Chicken Curry served with 50/50 rice	Roast of the day with roast potatoes and gravy	Beef burger on a bun	Fish of the day with chips
VEGETARIAN MAIN DISH	Marinated quorn served in pitta bread pockets	BBQ Bean and cheese wrap	Cauliflower and broccoli bake	Vegetarian hotdog served in a roll	Veggie finger bap with chips
ACCOMPANIMENTS 5	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Ice cream	Blueberry and banana muffin	Chocolate brownie 5	Fruit and jelly 5	Fruit scone
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO	Cheese	Tuna	Beans	Tuna	Cheese and Beans

 **MENU**  Quench your thirst with free fresh drinking water available daily

-  - MEAT FREE MONDAY
-  - 5 OF YOUR 5 A DAY
-  - CHEF'S CHOICE


PRE-SCHOOL
 at St Basil's Catholic Primary School
3-4 Year Old Places Available Now



 Offering morning, afternoon and full days for 15 and 30 hour funded places.

BOOK NOW PLACES ARE AVAILABLE

Please contact the School Office on **0151 424 7887** to book an appointment

St Basil's Catholic Primary School
 Hough Green Road, Widnes, Cheshire, WA8 4SZ
 Telephone: 0151 424 7887

We love, learn and succeed following Jesus

ICON

Babies Cry, You Can Cope!

I

Infant crying is normal and it will stop!
Babies start to cry more frequently from around 2 weeks of age.
The crying may get more frequent and last longer.
After about 8 weeks of age babies start to cry less each week.

C

Comfort methods can sometimes soothe the baby and the crying will stop.
Think about are they:

- hungry
- tired
- in need of a nappy change

Try simple calming techniques such as singing to the baby or going for a walk.



It's k to walk away if you have checked the baby is safe and the crying is getting to you.
After a few minutes when you are feeling calm, go back and check on the baby.

N

Never, ever shake or hurt a baby.
It can cause lasting brain damage or death.
If you are worried that your baby is unwell contact your GP or call NHS 111.

Speak to someone if you need support such as your family, friends, Midwife, Health Visitor or GP.

© Hampshire Clinical Commissioning Groups Safeguarding Children Services

You can also find out more information about 'how to manage when a baby cries' on the following link

[ISL188 20 ER ICON babies cry \(iconcope.org\)](https://www.iconcope.org/)

And more advice for parents on

<https://www.iconcope.org/advice-for/parents/>

HALTON HEALTH IMPROVEMENT

Fit 4 Life Bite Size Sessions



START WELL

Join us for our 45 minute parent/carer workshop at
St Basils.

SLEEP & SCREENS

Did your children sleep well last night? In this session we will explore how the length and quality of sleep can affect us and our children. Pick up new tips and ideas to promote good quality, restful sleep. We will also look at how screens affect our children, and share ideas for managing screen time better.

These workshops are for parents and carers.

Sleep & Screens	
Tuesday 19 th September	09.15 – 10.00am

Please let School know if you would like to attend.

For more information call the team on:

0300 029 0029

or visit www.haltonhealthimprovement.co.uk



@HaltonBC



Halton BC


HALTON
BOROUGH COUNCIL

What is safeguarding?

Ensures that every child, regardless of their age, disability, gender reassignment, race, religion or belief, sex, or sexual orientation, has a right to equal protection from harm.

Safeguarding is the steps that people take to protect children and vulnerable people from harm.

Examples of safeguarding concerns to look out for:



Physical

A group of children start pushing or hitting a smaller child when an adult is not looking



Emotional

You see a crying child run towards their parent who responds in a harsh manner using inappropriate language



Sexual

A teenage girl walking home is catcalled and harassed, or being touched without consent



Neglect

You see a child wearing the same dirty clothes everyday and who steals food from other children



How can you help?

If you ever see anything happen to a child that makes you feel uncomfortable, please let your safeguarding lead / person know. You are not causing problems but it could save a child from unnecessary harm.

Any one of these things might not mean anything, but if your safeguarding lead / person isn't told, then they can't help.

Speak to:

Speak to me
to find out
more

FOR EVERYONE,
EVERYWHERE.

For safeguarding resources visit: thesafeguardingcompany.com



Family Breakfast

Every Morning
8:15am-8:40am



St Basil's welcomes all parents/carers to join their children for breakfast from 8:15 every morning in the Key Stage 1 Hall.

- All children must be accompanied by an adult
- No advance booking needed.



Do you live in Halton? FREE online courses for all residents

1. Understanding pregnancy, labour, birth and your baby

Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.

2. Understanding your baby

Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

3a. Understanding your child (0-19 yrs) (main course)* or

3b. Understanding your child with additional needs

Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

4. Understanding your teenager's brain (short course)

Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.

And many more! For parents, carers, grandparents and teens

For further details, visit: www.inourplace.co.uk



The Solihull Approach was
Developed by Psychologists,
Psychotherapists, Health Visitors
& NHS and Education Professionals

* Professionally translated into: Bulgarian, Modern Standard Arabic, Polish, Simplified Chinese, Somali, Urdu, Welsh

More languages available via Google Translate



Follow actions
to apply an
Access Code



Access Code:
TOGETHER

Go to www.inourplace.co.uk

Apply the Access Code for FREE access!
Fill in some details to create an account
To return to the course(s), go to
www.inourplace.co.uk and sign in!

For technical support, contact:

support@inourplace.co.uk

0121 296 4448 (Mon-Fri, 9am-5pm)

www.inourplace.co.uk www.solihullapproachparenting.com

Online courses for parents, parents-to-be, relations & foster carers

The courses, worth over £100, have been prepaid for ALL Halton families!

From bump to 19 years
Lifetime access



NHS

Go to:

www.inourplace.co.uk

and enter the Access Code:

TOGETHER

To return to the course(s), go to www.inourplace.co.uk and sign in!



SolihullApproach
www.inourplace.co.uk

@SolihullApproach (NB: 1 'p')
www.solihullapproachparenting.com

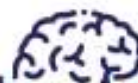
For technical support, contact:
support@inourplace.co.uk
0121 296 4448 (Mon-Fri, 9am-5pm)



Online course for residents of
Halton

'Understanding your brain (for teenagers only!)

- Have you noticed changes in your behaviour?
- Do you sleep more than you used to?
- Want to know why teenagers are more open-minded?



Your brain is changing!
Find out more!



8 Modules

Go to:

www.inourplace.co.uk

and enter the 'access code'

TOGETHER

to gain FREE (prepaid) access where eligible

For technical support, contact:
support@inourplace.co.uk
0121 296 4448 (Mon-Fri, 9am-5pm)



Online course for residents of
Halton

'Understanding your feelings (for teenagers only!)

Feeling overwhelmed? Confused? Want to know more about your feelings? Your thoughts?

- Includes a Module on the emotional effects of the COVID-19 pandemic

Emotions are powerful!
Find out more!



Go to:

www.inourplace.co.uk

and enter the 'access code'

TOGETHER

to gain **FREE** (prepaid)
access where eligible

8 Modules

For technical support, contact:
support@inourplace.co.uk
0121 296 4448 (Mon-Fri, 9am-5pm)

Want to read our online courses in your first language?

Some of our online courses are professionally translated and you can choose one if your language is there. If your language isn't there, our latest addition uses the available technology to give you an automatic translation. View the courses in 108 languages!



Choose the English version
of an online course at

www.inourplace.co.uk

Click on the Google Translate box
and select your language

Please use an internet browser (the thing you use to access the internet) that supports the Google Translate 'widget', such as Microsoft Edge, Google Chrome, Ecosia or Firefox (unfortunately this does not include Internet Explorer).

(This is not a professional translation, so we take no responsibility for the quality of the translation!)

For technical support, contact:
solihull.approach@uhb.nhs.uk
or 0121 296 4448 Mon-Fri 9am-5pm



'Understanding your child with additional needs'

A new online course for parents.



This online course is for parents, relatives and friends of children who have a physical or learning disability, or may have autistic traits. In the UK, you may be within the SEND (Special Educational Needs and Disability) system. Some parents describe their child as differently abled, or neuroatypical.

It is equivalent to a:



A **BIG** course, with lots of relevant content.

This course is in two sections:

Level 1

Lays the foundation for understanding your child.

Level 2

Looks at some particular aspects of parenting: sleeping and anger management.

Once you've finished level 1 you can progress onto level 2 if you'd like.

A total of:



15-20 mins each.

Some of what this course covers:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Different styles of parenting
- Why is sleep important

Further details:

www.inourplace.co.uk | www.solihullapproachparenting.com | solihull.approach@heartofengland.nhs.uk



Halton Housing



Destination
Upton Join us on
the journey

Launch Fun Day

23rd September
1pm - 3pm

Upton Community Centre

Activities include

Climbing wall • Bouncy castle • Face painting

Admission is free but you
must obtain a ticket



SAINTS PETER AND PAUL
CATHOLIC HIGH SCHOOL

OPEN EVENING

SEPTEMBER 2024 AND 2025 ADMISSIONS

WEDNESDAY 27TH SEPTEMBER
4:00 - 7:00PM

TAKE A LOOK.
BE INSPIRED.
BE P≠P.

YEAR 6 STUDENTS WHO WOULD LIKE TO
VISIT BEFORE STARTING WITH US IN
SEPTEMBER ARE ALSO WELCOME TO ATTEND



You are always welcome to any mass within St Wilfrid's Parish, timetable is below

Mass & Service Times

Sunday Mass Times

Saturday Vigil	St Bede	5:00pm
	St Basil	5:00pm
Sunday	St Bede	9:00am
	St Michael	9.30am
	St John Fisher	10:30am
	St Bede	11:15am
	St Bede	4:00pm

Weekday Mass Times (see parish newsletter for weekday variations)

<p>Monday</p> <p>St Basil</p> <p>9.00am Exposition & Morning Prayer</p> <p>9.30am Holy Mass</p>
<p>Tuesday</p> <p>St Bede</p> <p>11:30am Exposition & Holy Rosary</p> <p>12 Noon Holy Mass</p>
<p>Wednesday</p> <p>St Bede</p> <p>6:30pm Exposition & Evening Prayer</p> <p>7:00pm Holy Mass</p>
<p>Thursday</p> <p>St Michael</p> <p>11.30am Exposition & Holy Rosary</p> <p>12 Noon Holy Mass</p>
<p>Friday</p> <p>St John Fisher</p> <p>9.00am Exposition & Morning Prayer</p> <p>9.30am Holy Mass</p>
<p>Saturday</p> <p>10.00am Holy Mass</p> <p>10.30am Confessions and Holy Rosary</p>

St Bede's Church is open for private prayer Monday to Friday 10.00 - 13:00