	MARCH 2022							
	Catholic Primary	Μ	т	W	т	F	S	S
St.Basil's			1					
	School				10	11	12	13
		14	15	16	17	18	19	20
In God's love we learn and succeed by sharing and caring together.		21 28	22 29	23 30	24 31	25	26	27

#### School Trips

If your child has recently brought home a school trip letter please ensure you return the consent form to your child's class teacher and pay for the trip via school gateway.

The trips include a range of activities and will be a fun and valuable learning experience for the children.

School heavily subsidise all trips to try to keep cost to parents as low as possible. Although school can only ask for a voluntary contribution from parents toward the cost of school trips unfortunately without sufficient contributions they will not be able to go ahead. Thank you for your understanding and support.



Y4KJ - Saturday 7th May 11am St Basil's Church

Y4JS - Saturday 14th May 11am St Basil's Church



We have a pair of children's black Nike Airmax size 11 that have been left in the KS1 hall, please contact the school office to claim.

#### Children's Liturgy

Little Church at St Basil's church are running a children's liturgy throughout lent and want to welcome all of our children in school.

The liturgy is at 6pm on each Saturday during lent so it would be lovely if parents could take their children along.



#### **Parent Consultations**

Parent Consultations for Y4KJ will take place over the next week on 14th and 17th March. The meeting will be an opportunity for you to discuss your child's progress with their class teacher. Appointments will be online video calls via School Cloud. To book and appointment visit:

#### https://stbasilscatholic.schoolcloud.co.uk/

Details of how to book an appointment have been sent out by email. If you have any problems at all please

contact the school office.



Later this month, the children across school will be taking part in a fundraising event to raise money for Mary's Meals. Our involvement in this project is a perfect way to show our commitment to helping others who live in really difficult conditions and are less fortunate than ourselves. This is particularly appropriate during the current season of Lent. We are aiming to have fun, with a slightly competitive feel, while we raise awareness and much needed funds for this brilliant cause.

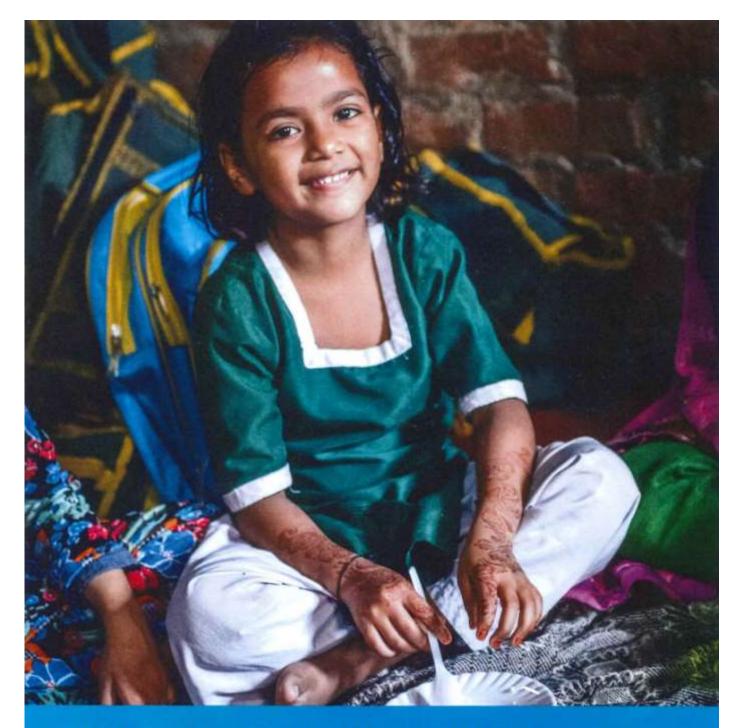
The children have been finding out all about the work of Mary's Meals and were visited by Anna Houghton from the charity, to share information about what they do exactly and how we can help. Mary's Meals work in 20 countries across Africa, Asia, Latin America, Eastern Europe, and the Caribbean, to provide chronically hungry children with one meal every school day whilst also encouraging education that can lift them out of poverty in later life.

On the 25<sup>th</sup> of March, the day of our fundraising event, **'Delivering Mary's Meals,'** the children will be delivering meal tickets to post boxes in the school grounds. These tickets represent the real meals that they will be helping to fund, and the post boxes represent key locations in which Mary's Meals work so hard. These include Thailand, Ecuador, Haiti, Madagascar, Uganda and Syria. The children will carry a delivery card to be stamped by a member of staff for each meal delivered. We will calculate the total number of meals delivered, as well as looking at how many meals were delivered by each of the house teams in order to declare the winning team!

We have also sent out letters and envelopes this week in which we invited you to donate whatever money you can manage to - from family, friends or neighbours. Every little helps! We will let you know how much money we raise for the charity following the event.

Many thanks for your support!

The St Basil's Staff



# SCHOOL + FOOD = HOPE

Mary's Meals provides a life-changing meal to hungry children every school day.

www.marysmeals.org.uk



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## For Families

## Fit 4 Life now online!

Would you like your family to eat better, sleep better and be more active? Our free Fresh Start app will help you to set good habits and routines, manage snacking and sugars, increase activity levels, sleep better, manage screen time. Plus there are lots of top tips and recipe ideas.

For more information, <u>click to visit our</u> web page. Then download the app via the Google Play store or Apple App Store or scan the QR code and enter invite ID F4L-SN.



## **Reducing Parental Conflict**

- Do you feel that you argue all the time?
- Do you struggle to talk about how you feel?
- Are you using hurtful texts, emails or social media against each other?
- Do you find it difficult to listen to the views of your partner / ex-partner?

The Respectful Relationships programme provides access to free support and a space to talk about your relationship and how family disagreements can impact on your child.

To chat more about what support we can offer or to access the programme please call or text Sam Edwards, Parenting Coordinator on 07392287921 or email parenting@halton.gov.uk

## Parent/Carer Bitesize Workshops (via Microsoft Teams)

New dates are now available for our popular bitesize workshops for 2022.

Sessions are free, delivered online, and last up to 1 hour. Sessions available include:

Sleep & Screens	Fussy Eating	Mental Health & Emotional Wellbeing
Tues 29 <sup>th</sup> March 1.00pm	Thurs 24 <sup>th</sup> March 6.00pm	Weds 30 <sup>th</sup> March 10.00am
Thurs 28 <sup>th</sup> April 6.00pm	Mon 25 <sup>th</sup> April 1.00pm	

#### To book a place email HIT@halton.gov.uk

For more information visit our website:

https://www4.halton.gov.uk/Pages/health/hit/start/fit 4lifeparents.aspx

## NHS

If you're pregnant or have a child under the age of 4, you could be eligible for the NHS Healthy Start Scheme

> To check if you're eligible for Healthy Start, visit: www.healthystart.nhs.uk



### For full details visit

## childcarechoices.gov.uk

Getting childcare vouchers? Go to GOV.UK to find out more

Speak to your provider about any additional charges that may apply