

# COVID19 Information

You have been given this factsheet as someone in the school/setting has tested positive for COVID-19 although you have not been identified as a close contact

As you are well now, you do not need any specific treatment or change what you are doing. However, like anybody else during this current situation, you are being asked to monitor your own health, looking out for any symptoms such as cough or fever.

## What symptoms should I be concerned about?

You should look for any of the following symptoms:

- new continuous cough
- fever (a temperature of 37.8°C or higher)
- loss of, or change in, normal sense of taste or smell (anosmia)

## If you develop these symptoms, however mild, at any point

Stay at home for 10 days from when your symptoms have started and refer to the guidance at

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

## If you need to seek medical advice

Seek prompt medical attention if your illness is worsening. If it's not an emergency, contact [NHS 111 online](#).

If you have no internet access, you should call NHS 111.

If it is an emergency and you need to call an ambulance, dial 999 and inform the call handler or operator that you have coronavirus (COVID-19).